

Nevada Task Force on Alzheimer's Disease

State Plan Recommendations Planning Template

Recommendation #: 11 Volunteers

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The Nevada Task Force will recruit and train community volunteers through collaboration with various organizations including non-profits, service organizations, health care institutions, and universities that have existing programs, education, and best practice presentations that address Alzheimer's disease and other forms of dementia. This commitment to education and outreach will include rich and abundant Train the Trainer models that provide knowledge and confidence so that trainee volunteers feel able to share information in communities throughout Nevada. As these volunteers present to a variety of audiences they will be able to identify and recruit local activities. This personal touch will permit further training of and for local residents so that Nevadans can continue to learn more about Alzheimer's disease and other forms of dementia. Expanding out outreach with additional volunteers extends the ability to disseminate new knowledge and resource tools throughout the state at a rapid pace. This enlightened audience will help de-stigmatizing the fear and misunderstanding associated with dementia through open-conversations, reliable information, and ongoing education. Through these collaborations, volunteers will have the opportunity to multiply support information and awareness about the many forms of dementia offering attendees increased ability to effectively participate in the care and support of persons living with Alzheimer's disease and other forms of dementia, families, and caregivers.

This outreach requires ongoing training and support connections for volunteers as they continue to advance personal knowledge to better assist those living with dementia, families, and caregivers as well as enhance community awareness about resources and support tools available.

In supporting age- and dementia-friendly communities, volunteers will learn how to promote each individual's well-being, as well as preserve personal dignity and respect in everyday community life. Also, by implementing "Train the Trainer" programs, volunteer outreach opportunities will escalate public awareness. When recruiting and training it is essential to de-stigmatize the idea that volunteers lack the knowledge and capabilities to fulfill this critical role through support, updates, and continuing connectivity.

Indicators: Monitor and correspond with non-profits, service organizations, health institutions, and universities that recruit volunteers to learn the number of volunteers recruited, the types of training offered, how many volunteers are trained, other services provided, and most importantly, discovering what interests and passions drive the

volunteers to serve. This will allow a determination as to which additional trainings and services might be needed to grow volunteer education and opportunities.

Once in effect, a list of viable volunteers and their interests and strengths will be created so that the Nevada Task Force can foster active engagement as well as produce more Train the Trainer sessions to keep outreach throughout Nevada rich and up-to-date.

An evaluation tool will be by TFAD to produce feedback on number of attendees, strengths and areas of need of presentations, additional presentation feedback, and questions for recruiting trainers and volunteers.

- **Potential Funding:**
Grants, donations, and/or gifts from community entities and service organizations.